

# Climate change mitigation and adaptation measures for the Gulf of Gdańsk region in relation to sea threats

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## Abstract

The impacts of climate change are increasingly evident, with many societies affected annually. Coastal areas inhabited by c. 60% of the world's population, are especially vulnerable due to a large number of impacts, including real sea related threats. Implementation of mitigation and adaptation measures as well as challenging climate change threats must be among the top priority issues for decision makers of all levels. This study presents the results of the critical analyses of environment and climate related change in publicly available documents in the key economic and touristic region of Poland, the Gulf of Gdańsk. The authors have evaluated the detailed points in the process of identifying the awareness of climate change and implemented measures. The results show relatively high awareness of climate change related threats, however, insufficient information and planning regarding ocean-related threats and hazards. Few mitigation and adaptation measures addressing sea-based threats were identified. The authors compare the findings with available knowledge of climate change, measures undertaken in some ports and port cities and reflect on the urgent need of implementing multidisciplinary efforts to foster the effective management of coastal areas for the sustainable and safe future.

## Keywords

Climate change; Ocean threats; Climate adaptation and mitigation; Development strategy; Gulf of Gdańsk

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## 1. Introduction

Ocean sustainability themes can be found in 38% of the established sustainable development tasks, consequently, activities related to the UN Decade of Ocean Science for Sustainable Development are increasingly common in scientific discourse and research planning (Boreo et al. 2019). More than 3 billion people rely on the oceans for their livelihoods, utilizing the ocean as a source of food, employment, health benefits (EEA, 2018) and additionally, along with the global population growth, more people are moving to coastal areas (Reimann et al. 2023). Such growth of coastal communities leads to the greater ocean use, involving more agricultural runoff, increased tourism, transport, and energy production (Wisz et al., 2020). This is also true for the Baltic Sea region, where the number of people inhabiting coastal cities within the southern Baltic amounts to c. 8.9 million, with the half of them living in Polish coastal cities (Interreg South Baltic Programme, 2021).

This trend contrasts with the observed and predicted climate change threats which coastal areas worldwide ex-

perience and will be facing in the future (Dumala et al., 2021). Therefore, alongside urgent mitigation efforts, adaptation strategies must be a priority for coastal areas (Garcia-Soto et al., 2021b). There are a number of approaches to that issue, including those provided by the UN Environment Programme (UNEP), involving among others the ecosystem-based adaptation (nature-based solutions and ecosystem services), knowledge analysis and networking (spreading knowledge) (UNEP 2023). On the other hand, UNEP promotes mitigation aiming at climate resilience and greenhouse gas emission reduction.

Such actions are being undertaken in various places including a good example of the practical adaptation and mitigation case in Rotterdam wherein in the 13<sup>th</sup> century local merchants and administrators built a 400 m long dam to control high bay waters and to facilitate drainage. Subsequently, the infrastructure was upgraded with new canals; currently, amidst ongoing climate change, it is viewed as an opportunity for improvement rather than a threat (C40 Cities, 2016). Other adaptation and mitigation activities include using green energy sources such as solar, wind, and hydropower, or collecting water using rooftop tanks

44 or basement cisterns, which help reduce the energy re-  
 45 quired for freshwater treatment (Sharifi, 2021). These  
 46 climate change induced actions are becoming a significant  
 47 concern for various stakeholders, including researchers  
 48 and decision-makers (Garcia-Soto et al., 2021a; Vye et al.,  
 49 2020). Bibliometric and review studies demonstrate an in-  
 50 crease in publications addressing climate-change impacts,  
 51 adaptation, and mitigation across sectors. A global review  
 52 by Sharifi (2021) highlights not only the rapid growth of  
 53 adaptation and mitigation research but also the increasing  
 54 tendency for these topics to be examined jointly rather  
 55 than separately. This integration trend is reflected in en-  
 56 vironmental and marine sciences, where studies such as  
 57 Tittensor et al. (2019) show that adaptation, mitigation,  
 58 and biodiversity conservation are now frequently consid-  
 59 ered together in assessments of ocean change. At a broader  
 60 science-policy level, the IPCC, 2022 similarly emphasizes  
 61 that effective climate-resilient development relies on com-  
 62 bining adaptation and mitigation strategies. This expand-  
 63 ing global and sector-specific literature provides an essen-  
 64 tial background for understanding regional systems where  
 65 climate-related risks are highly pronounced. The Baltic  
 66 Sea is the subject of intensive climate research; frequently  
 67 cited threats include eutrophication (algae blooms) result-  
 68 ing in poor water quality and decrease in biodiversity, poor  
 69 health of fauna and flora in the sea e.g., decrease in cod  
 70 populations. The eutrophication increase depends on light  
 71 penetration in the water column affecting seagrass and  
 72 algae life cycle which leads to a loss of suitable spawning  
 73 habitats for cod (Bossier et al., 2021).

74 The climate change in the Baltic Sea also involves rising  
 75 water temperature, decreasing ice extent, and an increase  
 76 in precipitation in the northern part. As a result of these  
 77 changes, many species have moved northwards (HELCOM,  
 78 2021). These environmental changes affect ecosystem ser-  
 79 vices e.g., provisioning services like aquaculture activities,  
 80 which rely on species abundance e.g. *M. edulis*, shift of the  
 81 distribution with climate change or affects the cod pop-  
 82 ulation which does not reproduce in warm, low salinity  
 83 waters, and thus is no longer suitable for fishing.

84 Gdańsk, the biggest Polish port city, faces flood related  
 85 threats as a result of climate changes. However, the prob-  
 86 lem is not new and there was an attempt to approach it by  
 87 constructing a bypass on the Vistula River east of Gdańsk  
 88 (in 1895). The city remains vulnerable to several threats,  
 89 including sea-level rise, stronger storm surges, increased  
 90 water import from rivers and heavy rainfalls (Sanders et  
 91 al., 2021).

92 Some of the adaptation and mitigation solutions to such  
 93 problems involve efficient cooperation and communication  
 94 with coastal communities, businesses and governments of  
 95 all levels and other activities which are planned in the as-  
 96 pect of climate change threats and hazards. One of the chal-  
 97 lenges in this respect involves engaging a wide spectrum  
 98 of society, especially those who lack a perceived connec-

99 tion to marine ecosystems (Evans et al., 2021). Successful  
 100 education as part of this challenge requires that it is not  
 101 only up to date with the current situation but being passed  
 102 within the right context and form so that people can ap-  
 103 ply knowledge in real-life situations (Zielinski et al., 2021;  
 104 Zielinski et al., 2022). Socio-psychological research reveals  
 105 that even the right education rarely leads to changes in be-  
 106 havior (Stoll-Kleemann, 2019). Behavioral change is more  
 107 likely when both internal factors including emotions, val-  
 108 ues and external factors (politico-economic, socio-cultural)  
 109 are met. Terorotua et al. (2020) also mentioned the im-  
 110 portance of institutional actors' decisions being important  
 111 for climate change adaptation.

112 This study has been dedicated to the verification of  
 113 the adaptation and mitigation approaches towards climate  
 114 change, recognition of threats and hazards and applica-  
 115 tions of actions as described in regional, local and national  
 116 strategies/documents related to climate, urban develop-  
 117 ment and environmental management for the region of the  
 118 Gulf of Gdańsk.

## 2. Material and methods

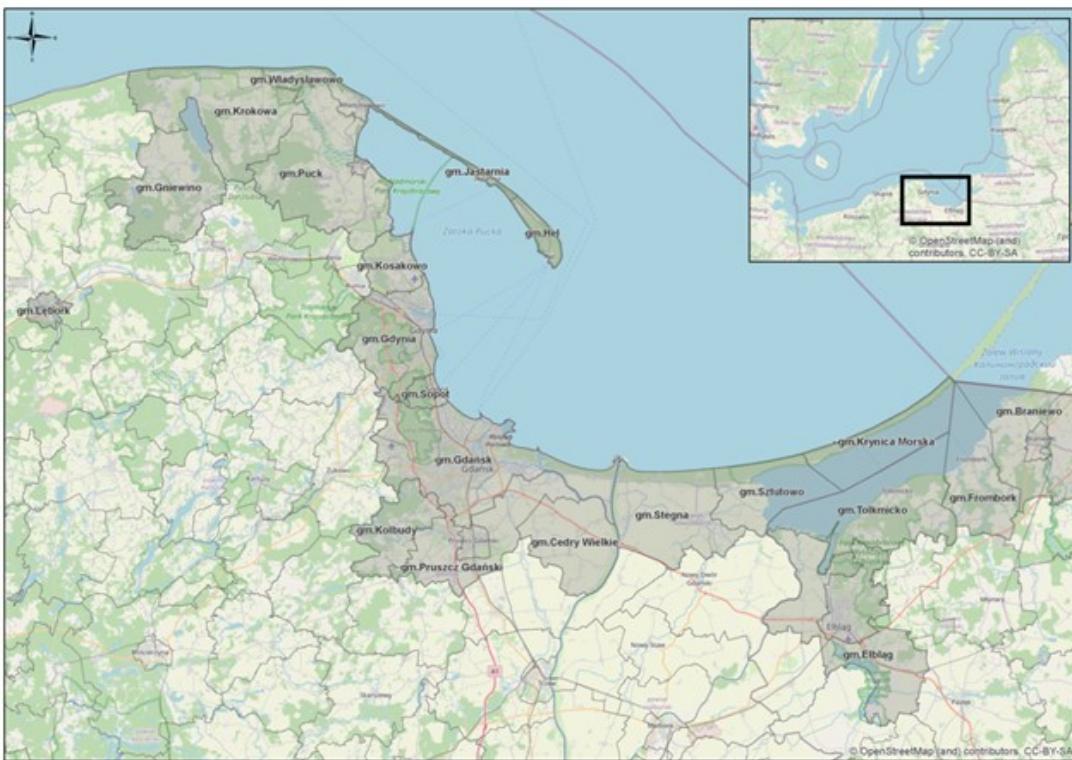
### 2.1 Study area

120 The study focuses on the Gulf of Gdańsk region. From the  
 121 sea side, the Gulf is partially closed by the Hel Peninsula,  
 122 and the gulf itself forms an indentation into the land area  
 123 for a length of 75 km, while its width at the point of exit ex-  
 124 tends over about 110 km. The line between Cape Rozewie  
 125 and Cape Taran is treated as an imaginary border between  
 126 the Gulf and the open sea. The entire area of the Gulf of  
 127 Gdańsk basin is approximately 6,300 km<sup>2</sup>. The catchment  
 128 area of the Gulf of Gdańsk alone is approx. 220,000 km<sup>2</sup>  
 129 (Figure 1).

130 The coastline of the Gulf of Gdańsk is smooth, charac-  
 131 terized by flat, sandy beaches and steep cliffs. However,  
 132 the landscape of the Gulf is undergoing constant transfor-  
 133 mations as a result of eroding waves. The Gulf of Gdańsk  
 134 is a sheltered basin. Serving as an inlet to the Baltic Sea,  
 135 it offers a secure anchorage of the Baltic Sea, a very safe  
 136 reservoir, with several ports and many small harbors, with  
 137 easy, and accessible entry for sea-going yachts.

138 The main cities on the Gulf of Gdańsk include: Gdańsk,  
 139 Gdynia, Sopot (the so-called Tricity), Wejherowo, Reda,  
 140 Puck, Władysławowo, Jastarnia and Hel. In 2021, the three  
 141 core cities were inhabited by c. 750,000 people, while the  
 142 Tricity together with its metropolitan area have a com-  
 143 bined population of between 1 and 1.5 million, depending  
 144 on the definition of their boundaries.

145 The two major port cities in Poland are Gdańsk and Gdy-  
 146 nia. The first one, Gdańsk, is a part of the Trans-European  
 147 network and an important freight transport center, while  
 148 Port of Gdynia specializes in heavy cargo. There are many  
 149 other industrial developments present in the region, in-  
 150 cluding the oil refinery and fish processing facilities. The



**Figure 1.** Study area. The Gulf of Gdańsk region, shaded areas are those covered in the analyzed documents (courtesy of Joanna Pardus).

entire region is known as a tourist centre, mainly in summer with about 10 million international tourists visiting the area.

It is expected that with long-term climate changes and associated threats such as the sea-level rise and coastline erosion the Gulf of Gdańsk area will be seriously impacted, which will have multifold consequences through the changes in coastal protection, shipping, development of offshore renewable energy resources resulting in many societal issues that may emerge (Weisse et al., 2021). Thus, it is crucial to include mitigation and adaptation measures in response to climate change threats in strategic documents for the entire region.

## 2.2 Methodology and analytical approach

All documents available for each city or town were analyzed (a complete list of analyzed documents available in attachments). The selection process focused on the documents that were up to date, addressed long term management of the area under study, included climate change related issues, or environmental protection strategies. The process of documents collection was conducted between January and February 2021. Initially, 50 documents were identified and reviewed. Subsequently, the selection was refined to include only those relevant to 2022, resulting in 33 documents for evaluation.

The sources included municipal websites, governmental portals, the BiP website, and project websites such as KLIMADA ([klimada2.ios.gov.pl](http://klimada2.ios.gov.pl))<sup>1</sup>. The documents were selected for both coastal municipalities and municipalities identifying themselves as marine locations, even though they were located at a considerable distance from the coast.

The chosen documents were considered suitable due to their strategic and long-term character and therefore were likely to incorporate sustainable development concepts and address environmental issues (Piwowarczyk et al., 2012). These documents were assumed to provide reliable information on climate change-related threats as well as mitigation and adaptation measures. Mitigation refers to preventive actions taken before the occurrence of climate-related threats, aiming to reduce future impacts. Adaptation, on the other hand, involves measures implemented after a threat has occurred, designed to adjust to resulting consequences.

The text analysis was performed using MAXQDA Analytics Pro 2020 (Release 20.4.2). The evaluation process consisted of two stages. First, climate-, development-, and environment-related documents were analyzed and categorized by their scope of application (Local, Regional, National), as defined in Table 1.

<sup>1</sup>KLIMADA – IOŚ-PIB carried out the KLIMADA Project – Development and implementation of the Polish National Strategy for Adaptation to Climate Change (2012–2013).

**Table 1.** Division of analyzed documents by subject (environmental, development, climate) and by region as in documents (Local, Regional, National).

Category	
document type	
Environment	Environment management documents e.g., environmental protection programs at local, regional, or national levels.
Development	Planning documents for urban, regional, or national development e.g. city development strategies.
Climate	Documents focused on climate change adaptation and mitigation e.g. National Energy and Climate Plan.

Document	
location group	
Regional	Documents reflecting plans for provinces or integrated city-province development for environment, planning, or climate change.
Local	Documents addressing cities or towns for development, environment protection, planning future, or climate change.
National	Documents reflecting national changes for Poland in development, environment protection, planning future, or climate change.

202      **Table 2** presents the frequency of documents within  
 203      these categories and their relation to climate, development,  
 204      and environment.

**Table 2.** Frequency of analyzed documents by category.

Category	Local	Regional	National
A. Climate	1	1	3
B. Development	13	8	0
C. Environment	6	0	1

205      Three sub-categories were defined for climate-related  
 206      content including the climate change code: adaptation, miti-  
 207      gation and threats. All codes were discussed and agreed  
 208      upon by the research team before their analysis. The con-  
 209      tent analysis followed Krippendorf's (2004) approach,  
 210      based on hermeneutic interpretation of the text. The doc-  
 211      uments were examined systematically according to pre-  
 212      defined criteria: subject category (environment, devel-  
 213      opment, climate), spatial scope (local, regional, national), and  
 214      thematic codes (adaptation, mitigation, threats). Every  
 215      document was cross-checked to ensure consistency.

216      Climate change codes were adapted from UNEP's cli-  
 217      mate adaptation framework and modified for the needs of  
 218      this study analyses (**Table 3**). To effectively address envi-  
 219      ronmental and societal challenges and facilitate efficient  
 220      knowledge transfer, it is crucial to engage all stakeholders.  
 221      While many approaches exist, UNEP's framework is consid-  
 222      ered to be one of the most comprehensive and flexible, mak-  
 223      ing it highly effective (UNEP 2017, 2019, 2022). The UNEP  
 224      adaptation approach involves seven pillars: Ecosystem-  
 225      based Adaptation, Knowledge, analysis and networking,  
 226      World Adaptation Science Programme, National Adaptation  
 227      Plans, Access to adaptation finance, Climate adapta-  
 228      tion project list, Early Warning Climate Systems, and Cli-  
 229      mate adaptation resources and multimedia. In our analy-  
 230      ses we decided to modify the UNEP approach and thus  
 231      we created the following list of climate change related  
 232      threats, mitigation and adaptation activities for the area

233      of the Gulf of Gdańsk. Further analyses were conducted  
 234      using MAXQDA Analytics Pro 2020 (Release 20.4.2) rely-  
 235      ing on the above-mentioned UNEP-based codes (**Table 2**).  
 236      For the climate change threat codes (**Table 2**), each sub-  
 237      category was divided into direct and indirect correlations  
 238      with climate change as the assumption was made that  
 239      some municipalities may describe threats that could be  
 240      caused by things other than climate change in their  
 241      opinion.

### 3. Results

242      No significant differences were observed regarding adap-  
 243      tation, mitigation measures, or threats between regional  
 244      and local documents of development category  $\chi^2$  (df = 2,  
 245      N = 678) = 0.53, p = 0.82 (**Table 4**).

246      Climate [ $\chi^2$  (df = 4, N = 912) = 155.21, p < 0.05] and  
 247      environment [ $\chi^2$  (df = 2, N = 1,539) = 155.21, p < 0.05]  
 248      related documents were significantly different in the num-  
 249      ber of identified adaptation, mitigation and threat codes  
 250      depending on the analyzed document type: regional, local,  
 251      national (**Table 4**). Overall, adaptation codes were less fre-  
 252      quent in all documents. There were in total 55 adaptation  
 253      codes added in all documents. Environmental documents  
 254      did not contain any adaptation codes and the greatest per-  
 255      centage of those were found in local development docu-  
 256      ments (62%, N = 8) (**Table 2**).

257      Conversely, mitigation (N = 1,923) and threat codes  
 258      (N = 1,151) appeared with significantly higher frequency.  
 259      Mitigations were found in the highest percentage (77%,  
 260      N = 944) within local documents on environment related  
 261      subjects and threats in 95%, N = 595 in national docu-  
 262      ments of environmental character (**Figures 2 and 3**). Re-  
 263      gional documents of an environmental character have not  
 264      recognized any threats (**Table 3**).

265      The statistical analysis included only marine related  
 266      threats (EC-D, EC-F, EC-M, EV-F, EV-WO, LT-STR, WP-A, WP-  
 267      OC) (**Table 3**). The frequencies of those ranged between  
 268      7–92.

**Table 3.** Most frequently found in all of the documents climate change codes: threats and all codes that were applied to look for adaptation, mitigation, UNEP modified (Codes taken from the UNEP, and modified for this project).

Code category	Code	Description
Threat	EV-WO	Extreme windstorms/storm surges/strong winds.
	WP-OC	Oxygen concentration, decrease in oxygen concentration, anaerobic zones, anoxia, hypoxia, suffocation, dead zones, methane release from the seabed, *not related to infusions into the Baltic Sea.
	EC-M	Morphology, health status of fauna and flora, reduction of animal size, calcification, impact on the local economy.
	LT-STR	Sea surface temperature changes.
	EC-D	Change in distribution of species. Change in flora, change in fauna, change in biodiversity, change in species composition, impact of species changes on the local economy (e.g., fisheries), effect of oxygen concentration on marine organisms, impact on local economy.
	WP-A	Acidification, increase in carbon dioxide concentration, hypoxia, anoxia, dead zones, eutrophication, *no influence of salt water.
	EV-F	Floods, rising groundwater levels, sea caused floods.
	EC-F	Changes in the food web. Fisheries, impact on the development of the coastal economy, trophic chain, nutrients, bioaccumulation, change of diet, change of ecosystem functions, impact on the local economy.
	M5-WM	Waste/wastewater management and establishing related regulations, environmental strategies related to climate change natural waste selection, recycling, gas emissions, waste (e.g. plastic).
	M3-PTA	Productivity of the terrestrial and aquatic environment (ponds, watercourses, etc.). Water environment management, land environment management, preventive measures, increasing greenery in cities, not building on floodplains, construction of retention reservoirs, stream regulation, storm sewage system.
Mitigation	M1-RED REDD +	Enabling municipalities to invest in activities conducive to the reduction of greenhouse gases, measures to prevent deforestation and destruction of forests, together with appropriate measures to raise public awareness. Reduction of greenhouse gases, meeting European requirements in greenhouse gas emissions, transport management, transport limitation, environmentally friendly domestic heating, green energy, monitoring of energy companies, photovoltaics, solar panels, replacement of heating systems.
	M1-LEG	Low-carbon growth. Increasing the efficiency of energy use, building financial resources for green energy, reducing greenhouse gas emissions and other pollutants through the use of renewable energy. Emission limits, European restrictions, emission reduction, low emission policy, strategies (LEDS).
	M1-CR	Changing plans according to climate changes, mapping threats and important areas.
	M2-RR	Supporting municipalities in environmental management in a way that leads to the reduction of natural hazards related to climate change. Green cities, environmental protection in relation to threats.
	M2-RRE	Public support during and after natural disasters, public consultation on natural hazards. Counteracting the effects of floods and storms (natural hazards), financial assistance, environmental and habitat restoration, maintenance of flood banks.
	M3-CE	Creating a favorable environment supporting municipalities, society, entrepreneurs in planning activities in a sustainable manner, not threatening the functioning of the entity European, national regulations/restrictions/guidelines, training/programs/meetings.
	M3-PM	Management of the marine environment taking into account environmental well-being. Protection of habitat biodiversity, scientific research, biodiversity management, environmental evaluation.
	M4-ME	Considering natural environment in spatial plans. Implementation sustainable development policy in city planning, adaptation of national restrictions.
	M4-SLI	Strengthening law and institutions; supporting national, European efforts related to the creation and application of laws, and strengthening the functions of institutes to achieve environmental and economic goals.
	M5-CE	Creating and enabling environment – chemical waste management, laying down rules on chemical waste and the management of chemical waste in general related to climate change.
	M6-EP	Favorable political environment shifts towards green economy, adaptation of sustainable consumption and production.
	M6-SB	Sustainable environment and business. Introduction of a sustainable development policy to transport, to the everyday life of cities green cities, use of biodiversity and ecosystem services.
	M6-SL	Balanced lifestyle and nutrition. Education about sustainable lifestyle and consumption.
	M7-IM	Information management support for cities in the process of creating, accessing, analyzing, using and communicating environmental information and knowledge education on ways of sharing knowledge on topics related to climate change in society and business, communication, society, consultations, professionals' cooperation, ecosystem services.
	M6-SL	Sustainable lifestyle and nutrition. Education about sustainable lifestyle and consumption (workshops, lectures, providing educational materials (leaflets, posters, books, etc.), promoting local products.
	M8-PK	Education, breaking down barriers between the scientific world and society, cooperation with decision-makers who protect the environment for the general good in their daily activities. Climate education, professionalism, cooperation, environmental protection.

**Table 3. Continued.**

Code category	Code	Description
Adaptation	EbA	Implementing projects that take into account the diversity and ecosystem services as part of adaptation to climate change. Healthy ecosystems can reduce the negative impacts of climate change e.g. coastal habitats such as dune forests, forests, flower meadows, provide a natural barrier during floods and storms.
	KaN	Knowledge, analysis and contacts. Spreading knowledge about climate change and best adaptation practices sharing own knowledge, from local to global scales.
	WaSP	Implementation of scientific knowledge to the adaptation decision-making process at the commune level. The overall goal of the Adaptation Science Program is to promote science in the context of adaptation to climate change.
	NAPs	Regional adaptation plans. Support for the society and municipalities in order to implement adaptation to climate change. The main goals of NAP: 1. Reducing sensitivity to the impact of climate change by building adapted space and flexibility in adapting to changes, e.g., building the city's resilience to low-emission pollution; 2. Adapting integration to new rules, regulations, programs, city plans, strategies.

**Table 4.** Frequency of occurrence of national, regional and local codes (Mitigation, Adaptation, Threat) in relation to climate, development and environment in the analyzed documents.

Total codes number	Regional	National	Local
A. Climate	338	486	88
B. Development	329	0	349
C. Environment	159	627	753

270 There was a significant difference in percentage of  
 271 added threat codes depending on a document name (Regional, National, Local) and a threat relation to climate  
 272 change (D – direct, I – indirect)  $[X^2(df = 37, N = 306) = 249.76, p < 0.05]$  (Figure 2). Across all documents  
 273 discussed threats were addressed directly in correlation with  
 274 climate change for the majority of cases (87%,  $N_{total} = 306$ )  
 275 (Figure 2). In Local documents the greatest frequency  
 276 was found for EV-F (Floods, rising groundwater levels, sea  
 277 caused floods,  $N = 8$ ) (Figure 2).

278 In Regional documents the greatest frequency was  
 279 found for EV-WO (extreme wind storms,  $N = 42$ ) (Figure 2).

280 In National strategies of all frequently added codes  
 281 EV-WO (extreme wind storms,  $N = 45$ ) appeared most  
 282 frequently. Note that frequencies of recognized threats  
 283 within local documents were much lower than in other  
 284 two document groups of national and regional level. In  
 285 one coded segment, EV-WO was described as a “threat of  
 286 coastal abrasion”. Rising sea level (especially in the south-  
 287 ern part of the Baltic Sea), an increase in the intensity  
 288 and frequency of extreme phenomena (storms, torrential  
 289 precipitation, storms) favor the phenomenon of abrasion  
 290 “Cliff-type coasts are particularly endangered by abrasion”.

291 Excluding marine-related threats, L-AR (acid rains and  
 292 air quality) was the most frequently cited threat in all of  
 293 the documents  $N = 539$ , second EV-WO (Extreme wind  
 294 storms/storm surges/strong winds),  $N = 92$  and LT-STR,  
 295  $N = 62$  (sea surface temperature). Marine related threats  
 296 were found in 28%  $N = 1084$  cases whilst threats related  
 297 to land were mentioned in 72%,  $N = 1,084$  times of all  
 298 added threat codes.

299 There were in total 1907 mitigations found in all doc-  
 300 uments. There was a significant difference between the  
 301 analyzed documents (regional, local, national) of differ-  
 302 ent character climate, development, environment related  
 303 documents and mitigation codes added  $[X^2(df = 156, N =$   
 304 305 1907) = 4,167, p < 0.05] (Figure 3). In local ( $N_{mitigation} =$   
 306 727) and regional ( $N_{mitigation} = 157$ ) documents there was  
 307 the greatest number of M5-WM-Waste/wastewater man-  
 308 agement and establishing related regulations found. How-  
 309 ever, climate-related documents contained few such codes;  
 310 the majority were associated with environmental doc-  
 311 uments ( $N_{M5-WM} = 600$ ).

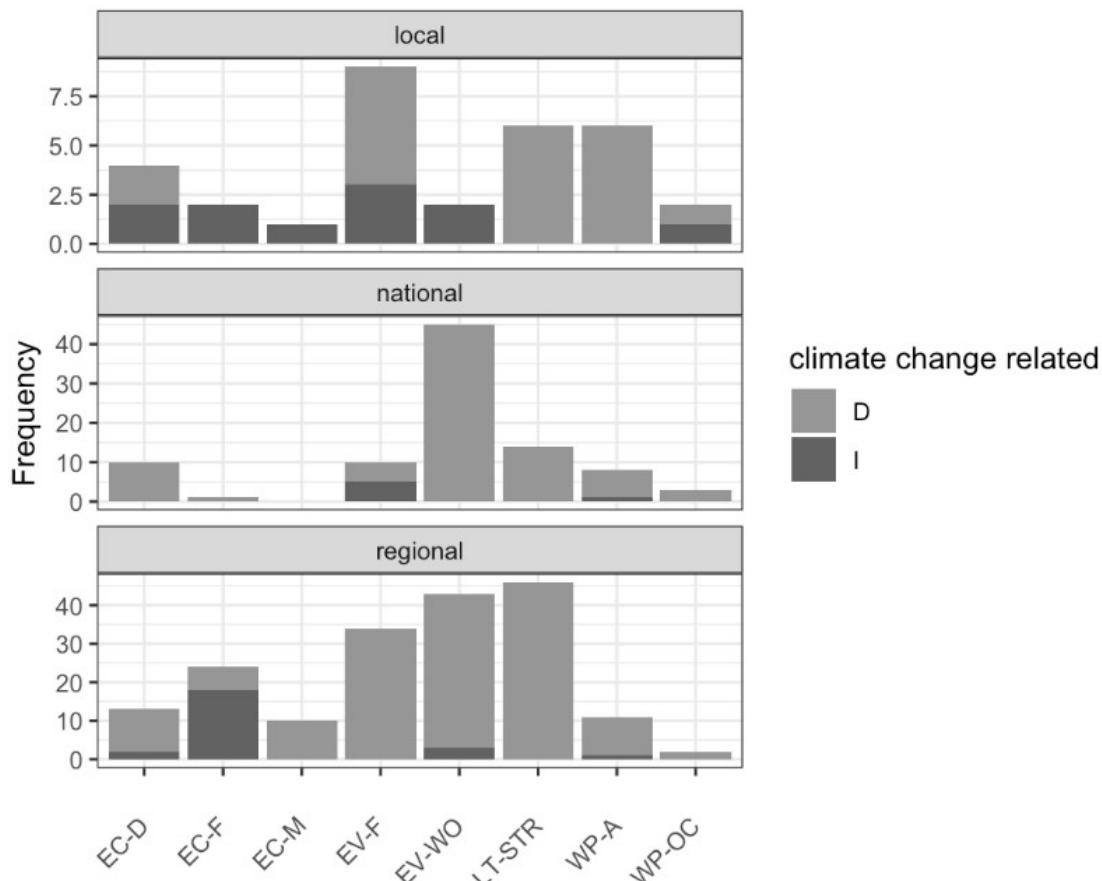
312 An example of M5-WM coding can be given from the  
 313 “Environmental Protection Program for the Krynica Morska  
 314 Commune for the years 2016–2019 with a perspective for  
 315 the years 2020–2023”:

316 “Waste management and prevention of waste gener-  
 317 ation minimization of the amount of waste generated in  
 318 the commune of Krynica Morska Development of selective  
 319 waste collection”. The M1-RED-Enabling municipalities  
 320 to invest in activities conducive to the reduction of green-  
 321 house gases mitigation was relatively often mentioned in  
 322 national documents of climate and environmental charac-  
 323 ter ( $N = 52$ ). National documents highlighted the impor-  
 324 tance of M4-SLI-Strengthening law and institutions in 50  
 325 cases following mitigation codes (Figure 3).

326 The total number of adaptation codes found within  
 327 all documents was 55 which constitutes merely 2% of all  
 328 codes, including land-based threats  $N_{total} = 3,046$ . There  
 329 was no significant difference between adaptations found in  
 330 local, national or regional documents referring to climate  
 331 of development character  $[X^2(df = 17; N = 55) = 24.77,$   
 332  $p = 0.09]$ . None of the adaptation codes appeared in any  
 333 of the environment related documents thus those were not  
 334 included in further analyses.

#### 335 4. Discussion

336 Although the strategic documents from major cities in the  
 337 Gulf of Gdańsk acknowledge climate change, they lack clar-  
 338 ity and user-friendliness, hindering the reader's ability  
 339 to identify key points. Furthermore, these documents of



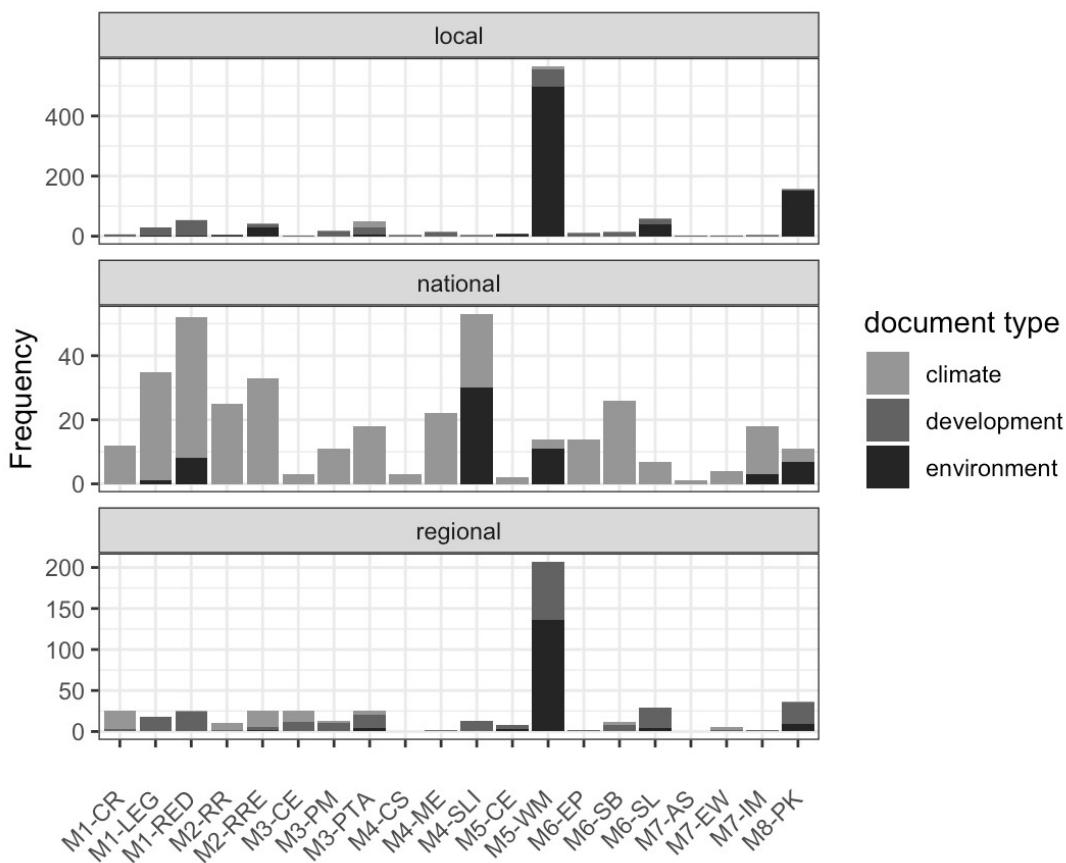
**Figure 2.** Frequency of marine related threats discussed in analyzed documents (EC-D-change in species distribution, EC-F-changes in food web, EC-M- Morphology, health status of fauna and flora, EV-F-Floods, rising groundwater levels, sea caused floods, EV-WO-Extreme windstorms/storm surges/strong winds, LT-STR-Sea Surface temperature changes, WP-A-Acidification, increase in carbon dioxide concentration, WP-OC-Oxygen concentration, decrease in oxygen concentration) with D-direct and I-indirect relation to climate change in text of documents.

ten fail to detail specific plans for mitigation and adaptation measures with regards to climate change. Identified threats are seldom directly linked to climate change, and when they are, the references are broad and non-specific. For example, one of the strategy documents vaguely connects climate change to significant disruptions in ecosystems and higher maintenance costs due to nature protection. It specifically mentions Gdańsk's high flood risk from sea level rise and the Hel Peninsula's vulnerability to storm surges, underscoring the significant potential for damage in densely developed urban areas, such as the Gdańsk lower town.

This represents a significant oversight, given that the analyzed cities, especially Gdańsk, are among the cities at most risk of flooding from the sea, while a potential range of damage in urban areas is high due to the high density of urban developments. Conversely, a 2023 document: "Adaptation and Mitigation to Climate Changes OMGGS plan" (issued in 2023) on adaptation and mitigation in the Tricity area addresses climate change including sea level rise for

the Tricity proposing measures such as: monitoring the state of sea shores and the coastal water zone, taking into account the risk of flooding from the sea in investment plans in the coastal zone and coastal waters, preparing the documentation and construction of elements to provide protection against sea level rise and backwater, preventing erosion as well as developing good practices at the municipal level. However, the document lacks a specified timeline or descriptions of concrete actions.

The case of the Gulf of Gdańsk is not isolated and there is a significant number of positive examples of the coastal cities, which mitigate and adapt to climate change. Le (2020) analyzed urgent climate change threats in the coastal cities, reporting that floods of various character (storms, sea level rise, etc.) are the most frequently reported hazards in coastal developing cities (the analyses covered 45 cities, from 26 countries, in 4 regions, e.g. Bangkok, Thailand; Rio de Janeiro, Brazil, no EU countries). A paper published by Cabana et al. (2023) reviews articles and strategic documents around the world including Poland.



**Figure 3.** Frequency of mitigations (most frequent legends: M1-LEG-Low-carbon growth, Increasing the efficiency of energy use, M1-RED-Enabling municipalities to invest in activities conducive to the reduction of greenhouse gases, M4-SLI-Strengthening law and institutions, M5-WM-Waste/wastewater management and establishing related regulations, the rest of legends in Table 1).

The authors report that the majority (58%,  $N = 650$ ) of them focus on coastal studies disregarding the ecosystems specification and that none of them follow all four phases of the adaptation policy cycle (assessment, planning, implementation and monitoring). Zimmerman and Faris (2011) provide examples of best practices in both mitigation and adaptation for North American cities. The authors further emphasize that the sea level rise has been a common challenge for the coastal cities for centuries and they stress the need for close cooperation among various groups of stakeholders in the process of protecting the coastal cities from ocean threats.

The absence of clear mitigation and adaptation measures in the Gulf of Gdańsk region is surprising given that its cities are members of the Union of the Baltic Cities (UBC) – an international network that prioritizes climate change response and sustainable development through its Sustainability Action Programme (UBC, 2021). In contrast, some Baltic ports, such as HaminaKotka in Finland, demonstrate commitment to sustainability by implementing certified environmental management systems (ISO 14001:2015) and aligning operations with the UN Sustainable Devel-

opment Goals (Port of HaminaKotka Ltd., n.d.). However, publicly available information does not indicate specific strategies addressing sea-level rise or other direct marine-related climate threats at HaminaKotka, suggesting that even leading ports may lack targeted adaptation measures for coastal hazards.

The Swedish city of Gothenburg serves as another example of a Baltic port city that recognizes climate change threats. The city of Gothenburg is governed with the use of several documents including the above mentioned strategy and Environment and Climate Programme for the city 2021–2030. The Programme assumes the transformation of the city to a sustainable one till 2030. One of the goals of the programme is to increase biodiversity and improve sea water quality (its goals are based on some of the SDGs). Gothenburg recognizes the impact of climate change, particularly the rise in water levels due to the sea level rise, and has planned measures to mitigate these risks. Among the key initiatives to adapt to the change is the construction of a barrier to prevent flooding by 2070 (Environment and Climate Program for the City of Gothenburg 2021–2030) (City of Gothenburg, 2023; PreventionWeb, 2019). This

425 concept is inspired by the measures taken to protect similar  
 426 structures such as the barrier on the Thames river in  
 427 London.

428 When discussing good practices in addressing the cli-  
 429 mate change, the Port of Rotterdam serves as a leading  
 430 example. Its strategy focuses on becoming a global fron-  
 431 trunner in the energy transition by implementing mea-  
 432 sures such as large-scale hydrogen infrastructure, CO<sub>2</sub>  
 433 storage projects (Porthos), and renewable energy integration.  
 434 These efforts are complemented by climate adaptation  
 435 initiatives, including flood risk management and nature-  
 436 based solutions (Port of Rotterdam Authority, n.d.; World  
 437 Economic Forum, 2019). A key component of this vision is  
 438 fostering circular development among businesses within  
 439 the port, while assessing climate impacts. Both the city  
 440 and the port actively respond to rising sea level through im-  
 441 plementing mitigation and adaptation measures. These in-  
 442 clude resilient infrastructures like barriers, dykes, or surge  
 443 barriers e.g. Maeslantkering (movable barrier closing off  
 444 the New Waterway in case of high tides). Water manage-  
 445 ment measures complement these efforts, incorporating green  
 446 roofs, water plazas as well as water storage facilities that retain  
 447 excess water and release it gradually. Innovative urban design  
 448 solutions, such as floating buildings further enhance resilience  
 449 to changes in sea level. Research and collaboration between  
 450 cities and ports underpin these initiatives. Collectively, these  
 451 measures are embedded in strategic frameworks such as  
 452 Rotterdam Climate Proof, Port Vision 2030, and the Water  
 453 Plan (C40 Cities, 2016; Port of Rotterdam Authority,  
 454 2025).

455 This brief review suggests that the most sustainable  
 456 ports are those integrated with sustainably managed cities,  
 457 such as the Port of Rotterdam and the City Rotterdam, or  
 458 the port of Gothenburg. However, a more detailed analysis  
 459 of city strategies across all countries is required to confirm  
 460 this observation.

461 Nevertheless, evidence suggests that the best outcomes  
 462 occur when mitigations and adaptations measures are care-  
 463 fully planned and communicated to all stakeholders, in-  
 464 cluding city residents and public services, to ensure readi-  
 465 ness for climate change (Gargiulo et al., 2020).

466 One major challenge to be faced is that mitigation and  
 467 adaptation measures cannot be uniformly applied across  
 468 different locations due to variations in natural conditions  
 469 and land use (Brunila et al., 2023; Cabana et al., 2023; Le,  
 470 2020). The lack of planning, as observed in the Gulf of  
 471 Gdańsk case study, results in incomplete prevention and  
 472 adaptation to climate-related impacts. Most measures cur-  
 473 rently focus on land-based activities, such as expanding  
 474 bicycle routes, rather than addressing marine-related chal-  
 475 lenges, and very few, if any, consider the sea level rise.  
 476 Several factors may explain this situation. One possible  
 477 reason relates to findings by Dumała et al. (2021), who  
 478 examined programs within the Union of the Baltic Cities

479 and their contribution to sustainable development goals.  
 480 The analysis of the programs suggests that most initiatives  
 481 are of educational nature and are likely to be influenced by  
 482 EU funding requirements and the need to project a climate-  
 483 friendly image.

484 It is crucial to incorporate appropriate actions into re-  
 485 gional, municipal, and national strategic plans and rein-  
 486 force them through legislation to ensure their effective  
 487 implementation. Drawing on experiences from other coun-  
 488 tries, as discussed in this review, could significantly sup-  
 489 port this process.

## 5. Conclusions

490 The review of the currently used strategic documents of  
 491 the major cities around the Gulf of Gdańsk demonstrates  
 492 while local authorities acknowledge climate change, their  
 493 primary focus remains on threats and the consequences  
 494 related to extreme atmospheric phenomena such as heavy  
 495 rainfall and windstorms, as well as rainwater retention  
 496 and biodiversity enhancement. Sea level rise and other  
 497 marine-related threats are rarely mentioned in the doc-  
 498 uments reviewed. Most identified consequences concern  
 499 tourism impacts rather than broader implications for an  
 500 agglomeration of over one million inhabitants.

501 Few concrete measures for climate change mitigation  
 502 and adaptation are proposed. While some strategies de-  
 503 scribe threats, they often rely on declarative statements  
 504 without detailed plans of action or timelines. The most  
 505 recent adaptation strategy for the Tricity area even ques-  
 506 tions the scientific consensus on climate change impacts  
 507 over the coming decades, implying a reactive approach.

508 These findings contrast sharply with proactive mea-  
 509 sures adopted by other coastal cities worldwide. This  
 510 paper highlights examples of well-designed adaptation  
 511 strategies from Baltic cities and beyond. We conclude that  
 512 authorities in the Gulf of Gdańsk region must urgently re-  
 513 view their perception of climate impacts and recognize the  
 514 risks posed by sea level rise as well as more frequent storm  
 515 surges, which could have devastating consequences if adap-  
 516 tation measures are not implemented promptly.

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## Supplementary material

Supplementary material associated with this article can be found [here](#).

## Conflict of interest

None declared.

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